

# NATURAL AND PREVENTIVE HEALTHCARE IN NICARAGUA

A LEARNING AND SERVICE  
ADVENTURE  
AUG. 31 - SEPT. 6, 2008



Canyon de Somoto,, northern Nicaragua



LED BY DR JIM FLEMING, M.D.

IN COORDINATION WITH  
NICARAGUA NETWORK

([www.nicanet.org](http://www.nicanet.org))

AND

NATURAL DOCTORS INTERNATIONAL

([www.ndimed.org](http://www.ndimed.org))

## STATEMENT OF PURPOSE

**\*\*To help strengthen and facilitate development of current the healthcare system in rural Nicaragua.**

**\*\*To understand the value, to both developed and developing societies, of integrating natural (i.e. herbal and nutritional) healthcare strategies with conventional treatments.**

**\*\*To learn about the direct role of nutrition and water quality in health and disease of developing countries and the role of reforestation and locally based agriculture in creating and sustaining healthy rural communities.**

**\*\*To understand the impact on health of socioeconomic factors, free-trade agreements, and prior and current U.S.-Nicaraguan relations**



## TENTATIVE PROGRAM:

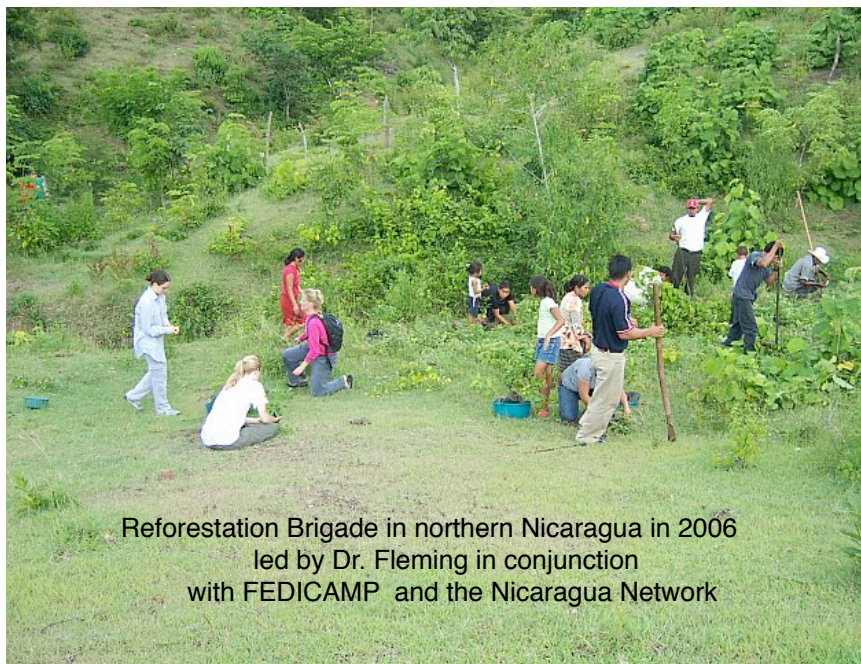
Sun. Aug 31 Arrive in Managua

Mon. Sept.1 Introductory Program by Dr. Tabatha Parker of Natural Medical Doctors International, Ometepe, Nicaragua

Tue. Sept 2 Classes in Herbal Medicine and tour of farm and production facility CECALI and ISNAYA near Esteli.

Wed, Thur & Fri, Sept. 3-5 Service opportunities for healthcare, reforestation and other projects involving water and food security with communities in northern Nicaragua served by FEDICAMP (Federation for the Integrated Development of Rural Farmers)

Sat. Return home or optional trip to Ometepe returning to Managua Mon Sept 8 or Tue Sept 9.



Reforestation Brigade in northern Nicaragua in 2006 led by Dr. Fleming in conjunction with FEDICAMP and the Nicaragua Network

### Additional Information:

- \* Healthcare workers are especially encouraged to join the delegation however anyone dedicated to social justice, peace and U.S.-Nicaraguan solidarity is welcome.
- \* Some knowledge of Spanish is helpful and a willingness to begin learning or improve one's fluency is strongly encouraged. We will be staying in homes of local Nicaraguans for most of the trip which will provide many opportunities to improve one's Spanish and learn about Nicaraguan culture.
- \* It is hoped this trip will help launch a long-term relationship with one or two rural communities. Trip participants will be an important part of this exciting project.

To Apply: Contact Dr Jim at

[jflemingmd@yahoo.com](mailto:jflemingmd@yahoo.com) or call

816-213-1885.

**COST: \$725** (Including administrative fees, educational materials and programs, housing, meals, transportation in country) NOTE: this does not include airfare to Nicaragua or optional trip to Ometepe).

**A limited number of scholarships are available. Please inquire if needed.**

**Application Deadline including deposit of \$150 due by August 4th.**



“La misericordia y la verdad se encontraron;  
la justicia y la paz se besaron” Salmo 85:10